

Overcome personality defects for a blissful life

Preface

Whenever things do not happen as per their wish or when their parents do not listen to them, many children get angry, displeased or frustrated. These children suffer and make others suffer. Anger, arrogance, lying etc. are indicators of a bad temperament; while a loving nature, helpfulness, self-control etc. are indicators of a good temperament. Everyone loves a virtuous child. Only he, who is liked by all, is dear to God. Enhancing virtues by overcoming personality defects is an easy way to be blissful and contented.

How children suffer due to personality defects such as laziness, arrogance, untidiness; what mistakes they commit; how should they give autosuggestions to overcome these personality defects; what atonement should they take for the mistakes they commit are some aspects that have been elaborated upon in this Holy text with examples.

In order to have a successful career in the present era of competition, it is important that the personality of the child is developed along with his intellectual capability. Personality defects such as inferiority complex, fear, worry, depression makes the mind weak. Despite the abundance of amenities and facilities, one cannot become happy and contented due to personality defects such as selfishness, envy, irritability etc. To remain in a continuous state of happiness, it is necessary to make efforts to remove our personality defects. When the internal improvement takes place in children after removal of personality defects, it can safely be said that the child's personality has improved in true sense.

Our earnest prayer unto the Holy feet of Shrī Guru is that on studying this Holy text may children overcome their personality defects & enhance their virtues; may their future life become blissful and successful. – **Compilers**

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(An * sign has been put along with important points)

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