

Adhyatma Vishwavidyalay

(University of Spirituality)

(Brief introduction and characteristics)

'From the ancient times till about a thousand years ago, Bharat was renowned as 'The land of Universities'. Through the Ashrams of Sages and Seers as also through universities such as Takshashila, Sharadapeetha, Bhojashala etc., the *Vēdās*, scriptures, *Vidyās* (Knowledge), Philosophy, Dharma, Arts etc. were taught and Hindu Dharma and culture were spread appropriately. The flame of knowledge on Dharma, that became weak after the devastating attacks of foreigners (such as the Muslims and the British), is now being revitalised through the medium of 'Adhyatma Vishwavidyalay' (University of Spirituality). The 'Adhyatma Vishwavidyalay' will not only be meant for spiritual activities such as spiritual progress of the seekers, but it will also perform the spiritual task of doing what is essential to protect the Nation. The nature of this task in general will be as follows.

1. Providing education for God-realisation : Presently, not only in Bharat but throughout the world, education only on materialistic aspects is provided through hundreds of universities. There is not a single educational institute today that provides knowledge on all-pervading Spirituality and education for God-realisation. This is an effort to eliminate this lacuna through the medium of 'Adhyatma Vishwavidyalay'.

2. Teaching worship of *Kshātratēj* along with *Brāhmatēj* : Foreign rulers such as the Muslims, the British and the Portuguese attacked and devastated this land and the Hindus. To avoid repetition of this History, worship of *Kshātratēj* (Radiance of a warrior) will be taught in the 'Adhyatma Vishwavidyalay' along with *Brāhmatēj* (Radiance of a *Brāhmaṇ*). To achieve this, education on Dharma, Spirituality, spiritual practice etc. will be imparted and *Brāhmatēj* will be enhanced. Similarly, by imparting education on pride for Dharma, patriotism, attitude of bravery etc. *Kshātratēj* will also be enhanced.

3. Providing spiritual strength to the 'Hindu Nation' : Today the country is facing many adversities such as terrorism, corruption, diseases, malnutrition, foeticide, casteism, riots, criminalisation of politics, cow-slaughter, religious conversions. The only solution on these adversities is to give up the secular rule and establish a Dharma-based 'Hindu Nation' that will bestow the spiritual experience of *Rāmrajya* (that is, *Shrīrām's* kingdom). The 'Hindu Nation' will be established between the Years 2023 and 2025 in Bharat due to God's grace, blessings in the form of resolve by the Saints and the untiring efforts of devout Hindus and patriots. The 'Adhyatma Vishwavidyalay' will provide spiritual strength to the 'Hindu Nation'.

The sole objective of publishing this Holy text is to provide information and elucidate the special characteristics of the invaluable & unique task of the proposed 'Adhyatma Vishwavidyalay'. We can say that the objective of publishing this Holy text is successful if after reading this people are inspired to assist in the creation of the 'Adhyatma Vishwavidyalay' or get educated on spiritual practice in it.

Mankind obtained knowledge from the Sages and Seers. I therefore express my gratitude unto their Holy feet. I also pray at the Holy feet of Bhagawān Shrikrushna that may the concept of 'Adhyatma Vishwavidyalay' as told to me by my Sadguru H.H. Bhaktaraj Maharaj materialise. - **Compiler**

Index

(An * sign has been placed alongside important points)

Scientific perspective of the Compilers	9
Divine Knowledge on the concept of the front cover	12
Subtle-characteristics of this Holy text	13
Preface	14
1. Mission and objective	16
* Spiritual progress of seekers and spread of <i>Dharma</i> throughout the world	16
2. Need for 'Adhyatma Vishwavidyalay'	18
3. Importance of 'Adhyatma Vishwavidyalay'	24
4. 'Adhyatma Vishwavidyalay' and H.H. Dr Athavale	24
5. Unique Divine Knowledge perceived by seekers about 'Adhyatma Vishwavidyalay'	33
6. Subjects in the curriculum	47
* Teaching all the Paths of Yoga	47
* Education on 14 <i>Vidyās</i> and 64 <i>Kalās</i> from the perspective of spiritual practice	47
* Education on topics useful for society and the Nation	53
7. Special features of the education in this university	54
* The Path of spiritual practice will be as per the temperament (Personality) of the students	55
* Spiritualisation of every topic	56
* Besides studying Art, enhancing <i>sāttviktā</i> in the self	56
* Guidance on how to get liberated from the cycles of birth and death	59
* Admission - free-of-charge * No age bar	59
8. Special characteristics of the teachers of this university	62
9. Curriculum based on the Holy scriptures and the treasure of Holy texts written by Sages, Seers and Saints	64
10. Textbooks of the 'Adhyatma Vishwavidyalay' according to different levels	64

11. Examinations and degrees	75
12. An average university & 'Adhyatma Vishwavidyalay'	79
13. Various sections of 'Adhyatma Vishwavidyalay'	80
14. Research section	81
* Though scientific research may provide physical knowledge about the world, to acquire subtle-knowledge spiritual progress is necessary !	81
15. Unique Spiritual Museum	86
16. Request for assistance to set up 'Adhyatma Vishwavidyalay'	87
Annexure 1 : List of research conducted using scientific instruments by the 'Adhyatma Vishwavidyalay'	90
Annexure 2 : List of tests conducted using scientific instruments by the 'Adhyatma Vishwavidyalay'	93
Annexure 3 : Research on incidents that are beyond the purview of the intellect for the welfare of mankind and appeal to scientists for assistance	99
Annexure 4 : List of objects collected for the spiritual museum in the 'Adhyatma Vishwavidyalay'	104
Annexure 5 : Sanatan's treasure of Holy texts	112