

# Ornaments for men and women

## Preface

This Text has been written to help understand the spiritual concept that ornaments are a medium that assist in imbibing *Chaitanya* (Divine consciousness) and to educate society about *sāttvik* (Spiritually pure) ornaments. On the pretext of fashion, women today do not wear bangles and in place of kumkum (red powder made from turmeric) they apply a sequin to the forehead. Most of the ornaments they wear are not spiritually appropriate. The wearers do not benefit at the spiritual level in imbibing *Chaitanya* from such *tāmasik* (Spiritually impure) ornaments.

The common man is unable to comprehend the exact process that takes place at the subtle level when ornaments are worn. The subtle analysis and the pictures based on subtle-knowledge drawn by Sanatan's seekers who have the ability to perceive the subtle dimension, are the remarkable features of this Text. The subtle experiments pertaining to gold chain, gold ring, *sāttvik* and demoniacal ornaments, etc. conducted by the seekers teach us how to scrutinise the ornaments from the spiritual perspective.

I pray unto the Holy feet of Shrī Guru - Upon reading this Text, may everyone develop a spiritual perspective of looking at ornaments and realise the greatness of Hindu Dharma that has given this invaluable treasure !

- Compiler

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