

Ornaments for men and women

Preface

Under the pretext of fashion, women today do not wear bangles and wear a sequin on forehead in place of the kumkum (Saffron). Besides, most of the ornaments they wear are not appropriate spiritually. The wearer does not benefit at the spiritual level in imbibing Chaitanya (Divine consciousness) from such *tāmasik* (Tama-predominant) ornaments. This Holy text has been written to help women understand the spiritual concept that ornaments are a medium that assist in imbibing Chaitanya and to inform the society about *sāttvik* (Sattva-predominant) ornaments.

The common man is unable to comprehend the exact process that takes place at the subtle level when ornaments are worn. The subtle-analysis and the subtle-knowledge based pictures drawn by Sanatan's seekers who have the ability to perceive the subtle dimension are the remarkable feature of this Holy text. The subtle experiments pertaining to gold chain, gold ring, *sāttvik* and demoniacal ornaments etc. conducted by the seekers teach us how to scrutinise the ornaments from the spiritual perspective.

We pray unto the Holy feet of Shrī Guru - Upon reading this Holy text, may everyone develop a spiritual perspective of looking at ornaments and realise the greatness of Hindu Dharma that has given this invaluable treasure ! - **Compiler**

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