

# Overcome personality defects for a blissful life

## Preface

Whenever things do not happen as per a child's wish or when parents do not listen to their children, many children get angry, displeased or frustrated. These children suffer and make others suffer as well. Anger, arrogance, lying, etc. are indicators of a bad temperament; whereas a loving nature, helpfulness, self-control, etc. are evidence of a good temperament. Everyone loves a virtuous child. Enhancing virtues by overcoming personality defects (PDs <sup>[Note]</sup>) is an easy way to become blissful and content.

This Text throws light on various aspects such as, how children suffer due to personality defects be it laziness, arrogance or untidiness; what mistakes they commit; how they should take autosuggestions to overcome these personality defects; what atonement they should take for the mistakes they commit, etc., along with examples.

In order to have a successful career in the present era of competition, it is important that the personality of the child is developed along with its intellectual capability. Personality defects such as inferiority complex, fear, worry, depression make the mind weak. Despite an abundance of amenities and facilities, one cannot become happy and content due to personality defects such as selfishness, envy, irritability, etc. To remain in a continuous state of happiness, it is necessary to make efforts to remove our personality defects. When the internal improvement takes place in children after removal of personality defects, it can safely be said that the child's personality has developed in the true sense.

Our earnest prayer unto the Holy feet of Shri Guru is that upon studying this Text may children overcome their personality defects and enhance their virtues; may their future life become blissful and successful. **-Compilers**

**Note :** Henceforth, 'Personality Defect Removal' will be referred to as PDR and 'personality defects' as PDs in this Text

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(An asterisk [\*] sign has been placed alongside important points)

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