

Sanskārs related to adolescence and married life

Preface

Good *sanskārs* is the foundation of an ideal life. Without good *sanskārs* man's life is like a directionless ship. Citizens with good *sanskārs* only can build a sound society and an ideal nation. To create an ideal citizen, good *sanskārs* need to be made on an individual. Younger the age of a child, easier it is to make *sanskārs* on him. Children like to imitate.

Children unwittingly imitate the elders' actions of walking, speaking, smiling, getting angry etc. Hence, the parents need to be alert and consider whether their every action, every word and every thought is positive. It is important that we should make good *sanskārs* on us only. If we set a good example before children, there is no need to make separate efforts to make *sanskārs* on them.

In this Holy text, detailed guidance is given on how the spouses should interact with each other after marriage, how the parents should treat the teenagers, how the generation gap should be eliminated, what qualities the ideal parents should have, which rules about action and behavior should be observed to make an ideal personality etc. We pray at the Holy feet of Shrī Guru that this Holy text may prove useful for creating a cultured and ideal generation.

Reason for publishing the Sanskrit *shlokās* in Sanatan's Holy texts is that Sanskrit is the language of Gods and is therefore full of *Chaitanya* (Divine consciousness). Sanskrit *shlokās* (Holy verses) are published in Sanatan's Holy texts for the benefit of the readers. Hence, even if we may not know the Sanskrit language, we should try to read the *shlokās*, as we will certainly benefit due to the *Chaitanya* in them. - **Authors**

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