

Divine changes in the colour of H.H. Dr. Athavale's nails and its science

Preface

H.H. Dr. Athavale's thoughts while writing about Himself and compiling the writing !

1. Importance with reference to history of mankind

The writings about me are so vast that they may run into thousands of pages. Of late, a need was felt that it take the shape of Holy texts, because so far I have not come across such remarkable variety in my reading experience as this writing contains. Since this is a unique event for mankind, I thought, that it will prove to be important for the history of mankind.

Here is an example of the unique event. I have read somewhere that when a revolutionary sacrifices his life, more revolutionaries are born from every drop of his blood. *Purāṇs* narrate the story of a demon known as 'Raktabeej'. When a drop of his blood fell on the ground, a thousand demons sprung from it. While combating him, Shrī Durgādēvī lapped up the drops of his blood before they could fall on the ground and thus vanquished him. In my case, there are spiritual experiences not only about my hair, nails etc. but also urine and excreta, in addition to inanimate objects that have come in contact with me. The conclusions arrived at through scientific research and knowledge in a spiritual language, in this context, are also available.

2. Expansiveness of the topic

Normally, while writing about an individual who is an authority on Spirituality, the writing includes incidents associated with his physical body from birth to death, about his *sādhana* (Spiritual practice), his mission, his own spiritual experiences and that of others about him etc. Since matters such as the features of my life and my mission etc. are associated with Spirituality and the *Brahmāṇḍa* (Universe) at the *samashṭi* (For the sake of the society) level, the writing is very important. Some topics covered under the writing are as follows.

2A. Spiritual progress

2B. Special features of the body : The transformation in the skin, hair, nails and body caused by Divine and demoniacal energies and their underlying science.

2C. Room and objects : The changes in these caused by Divine and demoniacal energies and their underlying science

2D. Experiments and research in Spirituality

2E. Writing : Hypnotism and Spirituality

2F. Spiritual healing conducted on seekers through various means

2G. Battle with negative energies

2H. Mission

2I. Teaching

2J. Opposition from various components

2K. Saints

2L. Spiritual experiences that others have had about me

3. Need to write it myself

Then I thought it would be more appropriate if I write all this myself instead of the seekers writing it; because, if I have some thoughts about some aspect I can immediately add it to the writing. In this regard, I recollected having read the following thoughts of Saint Gondavalekar Maharaj.

3A. Saint Gondavalekar Maharaj took rebirth to write His own biography and wrote in an outstanding language : ‘The biography of Saint Gondavalekar Maharaj was written by three individuals. Upon this, Maharaj said, “No one can understand how I am and what my mission is. Hence, I will take rebirth and write my biography myself”. He took birth as ‘Sudhakar’ at His original place of birth Vavarhire and wrote a biography called ‘Swanand Sudhakar’ in an outstandingly lucid language in the form of a religious text.’ - *Ms. Pushpa Patankar, Belgaum (Pousha Shukla 2, Kaliyug Varsh 5113 [26.12.2011])*

4. My perspective while compiling my own writing and writing of others about me

Some people may think, ‘How can I be a compiler of Holy texts about myself and how can I write the preface myself ?’ The answers are as follows.

- A. Except for my own spiritual experiences, all other writing in this Holy text has been done by others.
- B. I can look at the writing on myself as an observer.
- C. Since 2002, I have experienced near-death situations many a time. Just as I can look at those as an observer and write about them, I can also look at the good aspects about myself as an observer.
- D. I am required to do the compiling because of my yearning that all should understand new aspects of Spirituality, which have so far not been published anywhere else, in an appropriate manner.

5. Spiritual practice

To do everything necessary for mankind is my spiritual practice. Hence, I realised it clearly that to write this text is also my spiritual practice.

6. Premonition of seekers

Since everything happens as per God’s planning, this writing is also happening as per His planning. God enlightens through the medium of those who have the ability to recognise God’s planning and through those who God selects to inform others. A brilliant example of this is a premonition of a seeker given ahead.

6A. Thoughts suggested by God about H.H. Dr. Athavale's biography : I was getting a strong thought that since the adverse time is swiftly approaching, H.H. Dr. Athavale's biography will be published soon. Thereafter, *on Māgha Shukla 3, Kaliyug Varsh 5113 (26.1.2012)*, the following thoughts came to my mind.

6A 1. Biography of H.H. Dr. Athavale is meant for the entire mankind and it will be very useful for awakening *bhāv* (Spiritual emotion) : The biography of all the Saints and seekers of Sanatan is the biography of H.H. Dr. Athavale and vice versa. The biography of H.H. Dr. Athavale's previous years of life and the spiritual experiences of seekers about Him are also a part of His biography. This biography is meant for the entire mankind and will be useful for seekers for awakening *bhāv* for thousands of years. Such a biography has never been written in the past nor will it be written in the future; it will awaken the *bhāv* of thousands of seekers like 'Shrīmadbhāḡawat' does.

6A 2. God bestowing happiness on devotees by writing the biography Himself : The biography on the life that has passed so far will be written by H.H. Dr. Athavale and further writing will be through Sanatan's Saints. Maharshi Vyās (who wrote 'Shrīmadbhāḡwat' that contains all the Divine plays of Shrīkrushṇa) was Himself an Incarnation of Shrīvishṇu. This means that God writes the biography and bestows happiness on His devotees.

6A 3. In 'Shrīmadbhāḡwat', the Divine plays of Shrīkrushṇa were in the form of stories; whereas, in H.H. Dr. Athavale's biography, His Divine plays will be in the form of spiritual experiences of seekers.

6A 4. Prayer and gratitude : After getting the aforementioned thoughts by the Guru's grace, I prayed - 'O Shrīkrushṇa ! May all seekers benefit from H.H. Dr. Athavale's biography just as we have benefitted from the biographies of the Incarnations in Trētāyug and Dwāparyug. You have given a place to an ordinary individual like me in my Incarnate Guru's biography, for which I express immense gratitude unto your Holy feet.' - *Mr. Vinayak Shanbhag, Bhagyanagar, Andhra Pradesh.*

7. Spiritual experience that God alone gets everything done

'While writing this Holy text, I realised that I am not doing anything. I am ignorant. God alone suggests and gets everything done. These are all His Divine plays, and He only gets the writing of His Divine plays done.' - Dr. Athavale (*Māgha Shukla 11, Kaliyug Varsh 5113 [3.2.2012]*)

Index

(An * sign has been placed alongside important points)	
Preface	9
Commentary by 'A Scholar' on the Divine Knowledge received about this Holy text	22
Meaning of spiritual terminology	29
Introduction to the Compilers	30
Contents	
1. Change in the colour of the nails as per the times	32
2. Nails turning yellow	32

2A. Reasons	32
2B. Picture depicting the subtle-characteristics of H.H. Dr. Athavale's nails that have turned yellow	42
2C. Nails of Saints turning yellow	43
2D. Nails of seekers becoming yellow	44
2E. Spiritual experiences	46
2F. Science underlying the near-death state of H.H. Dr. Athavale though His skin, hair & nails have become yellow	47
2G. Divinity in a seeker being exhibited by one side of his body through the yellow colour of nails, while the effect of demoniacal energy being exhibited through the blackish colour on the other side	47
3. Colours of nails other than yellow	49
* Organs of spiritually evolved <i>jīvās</i> constantly function for the welfare of the society	52
* Skin of <i>Yogīs</i> who are wandering in search of the Supreme Truth becomes initially whitish and later tends to become	53
* Decrease in the yellowness of H.H. Dr. Athavale's nails and increase in their whitishness denotes the beginning of the <i>nirguṇ</i> mission through the <i>Dnyān-shakti</i>	57
* In the <i>saguṇ-nirguṇ</i> mission of the Parātpar Guru, the outer side of the nails that is indicative of the <i>nirguṇ</i> mission tends to become white. Simultaneously, the inner side indicative of <i>saguṇ</i> mission appears yellow	59
4. Principle that is active as per the change in colour	61
4A. Skin, hair and nails turning pink (Manifestation of Principles of superior Deities in the body)	61
4B. Skin, hair and nails turning dark pink (<i>Saguṇtattva</i> of the superior Deities at its maximum)	62
4C. Skin, hair and nails initially becoming yellow and later having a golden lustre (<i>Saguṇ-nirguṇ</i> level)	62
4D. Skin, hair and nails becoming luminous (<i>Tējtattva</i>)	62
4E. Yellow colour of the skin, hair and nails changing into light yellow and later, manifesting as white light (<i>Vāyutattva</i>)	63
5. Special characteristics of 'Om̄kār' and appearance of 'Om' on H.H. Dr. Athavale's nails	63
* Special characteristics of 'Om̄kār'	63
* Appearance of 'Om' on the finger nails	65
6. Reason for the growth of nails, effect of <i>chētanā</i> and <i>Chaitanya</i> on the colour and mission of the nails	65
* Effect of <i>chētanā</i> and <i>Chaitanya</i> on the length, colour and mission of the nails	67

* Since <i>Chaitanya</i> transcends the physical dimension to function, the limitation brought about by lack of <i>chētanā</i> is not applicable to it	68
* The nails of spiritually evolved individuals become lifeless when their expected activity sustained by <i>Chaitanya</i> gets over	68
* Period for which the nails will remain functional with the help of Chaitanya relative to the spiritual level	68
* Since the Parātpar Gurus have reached a stage beyond 'place and time', their nails continue their mission for any period as per God's wish	69
7. Spiritual experiences of seekers about this Holy text	69