

Agnihotra

Preface

'A lifeline during the adverse times' - a Text series that will be useful for hundreds of future generations !

In the bygone times, whenever a family member would fall sick, the elder family members such as the grandmother would treat the sick member at home with household medicines. If the individual recovered, it would not be required to go to a medical practitioner. Fondly termed as 'Grandmother's home remedies', this extremely simple and traditional method of treatment is on the verge of extinction. Today, with the slightest signs of uneasiness, an individual rushes to a medical practitioner. By implementing the remedies mentioned in various Texts under the Text series, 'A lifeline during the adverse times', people will be able to treat patients in the confines of their home and that too with ease and no side effects. All these treatment measures will be useful to hundreds of future generations. I pray at the Holy feet of God - 'May everyone be self-motivated to implement these remedies with utmost faith, and may this Text series be available in every household !' - *Parātpar Guru Pande Maharaj, Sanatan Ashram, Devad, Panvel, India. (3.12.2017)*

Saints who have knowledge of the past, present and future have predicted that a large percentage of the world population will perish during the approaching adverse time. The adverse times have already begun. World War III will be fought during these adverse times. Most countries now have extremely destructive weapons as compared to World War II. These weapons will be used by the countries against each other. To survive this War, strong measures are essential to neutralise the force of nuclear weapons and to ward off the effects of radiation. Merely physical remedies will not suffice, because a nuclear bomb is subtler than a normal bomb. There are increasingly more effective steps such as the physical (example - destroying the enemy with an arrow), physical and subtle (example - shooting an arrow after reciting a mantra), subtler (example - shooting an arrow only after reciting a mantra) and subtlest (This happens merely with the resolve of Saints).

The subtlest level is thousands of times more effective than the physical level. To prevent radiation from destructive weapons such as a nuclear bomb, some subtle remedies will have to be implemented. Accordingly, Sages have advised performing Agnihotra, which is the first incarnation of *Yajna* (Sacrificial fire). This remedy is very easy and takes a short time to perform, yet, it is a very powerful medium that has subtle effects. It charges the environment with *Chaitanya* (Divine consciousness), and creates a protective sheath. For a common individual, this effort is enough. However, a more effective subtle remedy would be to perform spiritual practice. Inner strength and the strength for a mission are acquired through spiritual practice. The benefit obtained by a common individual upon performing Agnihotra is equivalent to that obtained merely through praying by one who performs spiritual practice and has attained the spiritual level of 60%.

This Spiritual text narrates the importance of Agnihotra to common individuals who have a low spiritual level, enumerates the technique to perform Agnihotra and above all, explains its subtle

effects. Our earnest prayer unto the Holy feet of Shrī Guru is that by studying this Spiritual text, may the reader realise the importance of Agnihotra and spiritual practice, and may he be able to implement it. - **Compilers**

Index

(An asterisk [*] sign has been placed alongside important point)

| Contents | |
|---|-----------|
| 1. Dreadfulness of World War III and the essential remedies | 22 |
| 2. Remedies advised by Parātpar Guru (Dr) Athavale to save the lives of common individuals as well as seekers | 22 |
| 2A. A nuclear blast is a catastrophe | 22 |
| 2B. Remedies required for protection against toxic pollution caused by a nuclear war | 22 |
| 3. Agnihotra | 23 |
| * Agnihotra is the remedy advised by Parātpar Guru (Dr) Athavale to save the lives of seekers as well as common individuals | 30 |
| 4. Importance of Agnihotra, Yajna, vyashṭi sadhana and samashṭi sādhanā in relation to purifying the environment | 70 |