

How to become ideal parents ?

Guidance on child development, progress in studies, etc.

Preface

Dear Parents,

You must have gone through my Text 'Your baby' which discusses at length, how to take care of the baby from conception to the end of the first year. The present Text gives the characteristics of growth and development between 1 to 12 years of age and the important factors which modify them.

You will find hints for diet, immunisation and selection of toys, books, games and TV programmes in this text. Important hints for disciplining your child and tackling common school problems are given. You will also learn how to handle the child tactfully. Companions and neighbours have an impact on the personality of your child and it is your duty to keep a watch on the child's friends and neighbours.

Those who have not been blessed with a child, will find guidelines for adoption in this text.

Parenthood is an art; however, parents have to learn how to become better parents. You will find in this Text, important guidelines about your duties, how to tackle common problems of your children, how to correct your faulty attitudes and mistakes and how to develop a better rapport between you and your children. Find the key to becoming ideal parents and apply it to unlock the inherent potential in your children so that with your guidance they can become ideal citizens and lead the Nation to peace and prosperity.

Yours,

Dr V. B. Athavale

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