

# Ayurvedic treatment on dysentery, constipation, piles, worms, etc.

## Preface

Ayurveda says, 'Fire actually dwells in the Pitta. If this fire becomes flawed, it leads to development of ailments and if it is in good condition, it helps maintain good health.' According to Ayurveda, body resistance depends on the digestive power. The analysis of the ailments associated with the digestive power is given in the two Texts - 'Ayurvedic treatment on indigestion, vomiting, stomachache, etc.' and 'Ayurvedic treatment on dysentery, constipation, piles, worms, etc.' It is worth reading both the Texts for understanding the entire subject associated with the digestive system.

In every household the ailments associated with the digestive system appear some or the other time with some member. At such times, these ailments can be controlled through household medicines and dietary restrictions. In fact, on the ailments associated with the digestive system, only Ayurveda has expressed better treatments than modern medicine.

We pray at the Holy feet of Deity Dhanvantarī - 'May the readers be able to avoid ailments associated with the digestive system, and may they get proper guidance to overcome the associated ailments. – **Authors**

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