

# Daily efforts required to survive during the adverse times

## Preface

- 1. Coronavirus pandemic is just a small glimpse into the severe adverse times** : Since January 2020, Coronavirus has created havoc throughout the world. Due to the lockdowns during this pandemic, many businesses and industries have been badly hit. This has led to recession in economies around the world. Due to this pandemic, loss of lives and financial losses are vast. The hanging sword of the pandemic spread, it has become difficult to move freely in society, take treatment in hospitals, etc. An environment of fear and stress exists everywhere. From all this as of November 2020, it appears that the corona pandemic is just a small glimpse into the severe adverse times.
- 2. Brief outline of the dreadful adverse times** : Adverse times in the form of World War, earthquakes, floods, etc. are yet to take place. Many Nadipatti readers, foresighted Ascetics and Saints have predicted in the past that, come what may, the advent of the adverse times is a certainty. The adverse times are already upon us. Alleging that China is responsible for the spread of the corona pandemic, some European countries along with USA, are gearing up for war against China. In nutshell, the World War 3 is fast approaching. The adverse times we are speaking of will not be a matter of a few days or months; instead, these will last till the Year 2023. It means, the duration of the dreadful adverse times will be 3 long years.
- 3. Preparations at various levels necessary for survival during the adverse times** : During such adverse times, power supply gets disrupted; transport system collapses due to fuel shortages, etc. As a result, Government machinery cannot reach everywhere to help. There are obstacles in the Government's assistance as well. Therefore, cooking gas, essential commodities such as food grains, water, etc. are not available for months at a stretch, and if at all they are available, they are rationed. During such times, it becomes difficult to find doctors, Vaidyas (Ayurveda doctors), medicines, hospitals, etc. easily. Considering all these facts, everyone should prepare at the physical, mental, familial, financial and spiritual levels well in advance. The first Volume of this Series covers the physical level preparations, whereas the second Volume covers the remaining preparations.

In this Series, while preparing for daily requirements such as food, water, electricity, we have provided various alternatives for each. We should make arrangements depending on the needs, availability of space, financial condition, local weather and geographical conditions. Where there are limitations to the suggestions at the implementation level, we have given suggestions only; for example, suggestion to dig a well to avoid scarcity of water during the adverse times. Here, we have not gone into what exactly needs to be done. For this, the readers should consult experts or study the reference books themselves.

4. **Prepare yourself to actually face the adverse times** : It is also necessary to understand the measures required to protect life and actually face adversities such as floods, earthquake, wars, etc., measures at the psychological level to remain mentally stable and chant-remedies for elimination of the adversities.
5. **Dear readers, start preparing fast** : If readers start preparations immediately, as advised in this Series, the adverse times might become bearable. Readers should also caution their brethren in society about the adverse times.
6. **Prayer** : We pray at the Holy feet of Shri Guru - 'May this Text Series become useful, not only to survive during the adverse times, but also remain blissful by accepting the perspectives of spiritual practice in life'.

- **Compilers**

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