

# Spiritual healing of Ailments through empty boxes

## (Importance and the underlying science)

### Preface

In the present phase of Kaliyug (Era of Strife), almost everyone is suffering from distress due to negative energies. The root cause of almost all physical and psychological ailments is 'distress due to negative energies'. This spiritual reason can only be eliminated through remedies at the spiritual level. Spiritual remedy using empty boxes is one such remedy.

Empty boxes contain void which holds the *Ākāshtattva* (Absolute Ether Principle). Spiritual healing takes place due to the *Ākāshtattva*. When empty boxes are used for performing spiritual remedies, the covering of distressing energy on the individual's body, mind and intellect, as well as the distressing energy in the individual gets pulled into the void of the empty boxes and is destroyed. This leads to elimination of the root cause of the ailments, thereby helping in early recovery. Spiritual remedies performed using empty boxes is very easy to implement and does not have any restrictions. This spiritual remedy can be performed not only during spiritual healing, but also while performing daily chores, studying, travelling, etc. Empty boxes can be placed around the bed before we sleep. Many a times, due to drowsiness, severe psychological disturbance etc., a patient is unable to chant God's Name, recite a *mantra* etc. Under all such circumstances, spiritual remedies performed using empty boxes can certainly be performed. Medicinal herbs may become unavailable in the forthcoming adverse times, but the spiritual remedies performed using empty boxes can be performed anywhere.

Spiritual remedies performed using empty boxes costs nothing. Compared with the costly medicines and expensive treatments, the cost of making boxes is negligible. The first Volume of this Text series provides information on the scientific importance of boxes, various places on the body where this spiritual remedy can be performed, how to prepare boxes, etc.

In any method of treatment, the faith of the patient in that method plays a vital role. To develop faith in the spiritual remedies performed using empty boxes some selected spiritual experiences are also presented in this Text, wherein the concerned individuals have benefitted from them.

In the present phase of Kaliyug, people have more faith in science than in spiritual science; and hence, experiments on this remedy that were conducted using modern scientific techniques are presented in this Text. On reading these experiments, even staunch supporters of science will start believing in the effectiveness of this spiritual remedy.

In Volume 2 of this Text, guidance has been provided on using boxes of specific sizes for specific ailments, various methods of performing spiritual remedies performed using empty boxes, complementing these remedies with chanting, *mudrā* or *nyās* to increase their effectiveness etc.

I pray unto the Holy feet of Shrī Guru and Shrī Nārāyaṇ - the protector of the universe - 'May more and more suffering people be cured quickly by performing these empty box-remedies'.

**- Dr Jayant Balaji Athavale, Compiler**

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